

KAGAWA Cycling Map



Travel around Kagawa

by bicycle

Japan Dolphin Center

[Sanuki City] MAP E-3

The perfect spot to get personal with dolphins by observing, feeding, or learning about being a dolphin trainer. You can even swim with the dolphins!

☎ 1520-130 Tsuruwa Tsudacho, Sanuki
☎ 0879-23-7623
○ 10:00 am - 5:00 pm
(until 6:00 pm in Summer)

Shirotori Zoo

[Higashikagawa City] MAP G-4

This handmade zoo has small, free-range animals to pet and cuddle. There is even a rare white tiger.

☎ 2111 Matsubara, Higashikagawa
☎ 0879-33-0998
○ 9:00 am - 5:00 pm ☒ None

Ado-ike Wasan-tei

[Higashikagawa City] MAP G-4

Located on the shore of Ado-ike Pond, birthplace of yellowtail fish farming. Visitors love the yellowtail sashimi lunch served with wasabi. Or try the yellowtail rice bowl!

☎ 4373 Hiketa, Higashikagawa
☎ 0879-33-2800
○ 10:30 am - 1:30 pm (Sat, Sun, Holidays 2:00 pm)
☒ Tues and New Years Holidays

Sanshu Izutsu Residence

[Higashikagawa City] MAP G-5

The renovated building was once a merchant's house engaged in sake and soy sauce brewing since the Edo period (1603-1868). Now visitors can try making gloves or traditional wasanbon sugar candies at this multi-purpose facility.

☎ 2163 Hiketa, Higashikagawa
☎ 0879-23-8550
○ 10:00 am - 4:00 pm ☒ Wed



Okuboji Temple

[Sanuki City] MAP D-5

For pilgrims who have visited all 88 of the temples in the Shikoku Pilgrimage, this is the final stop. Located in the mountains surrounded by nature, many non-pilgrims also come to pay their respects and to see the fall colors in season.

☎ 96 Tawakanewari, Sanuki
☎ 0879-56-2278
○ 7:00 am - 5:00 pm (Temple Office)

Farm Restaurant Donguri Korokoro

[Miki Town] MAP B-5

This restaurant serves natural foods made with local produce.

☎ 928-1 Komino, Mikicho, Kitagun
☎ 087-899-1099 (Reservations) 090-9554-9282
○ 10:30 am - 2:00 pm (Last order: 2:00 pm)
(Open only on Sundays; closed for Obon and New Years Holidays. May be closed without notice)

Konotaki Falls Campsite

[Miki Town] MAP B-6

Located in the rear of the campground, Konotaki Falls is counted as one of the 100 best views in Kagawa. The falls are especially beautiful with the new growth in early spring and the fall colors in autumn.

☎ Konotaki Falls, Komino, Mikicho, Kitagun
☎ 087-891-3308 (Miki Town Industry Promotion Division)

Kanatama Kitchen

[Sanuki City] MAP D-4

This restaurant and wholesaler is run by a chicken farm. In addition to their famous egg over rice, the restaurant sells a variety of egg-inspired sweets.

☎ 2594-1 Tomidanishi, Okawamachi, Sanuki
☎ 0879-49-1422
○ 10:00 am - 6:00 pm ☒ Thu

Tosan (East) Route Report

A nice route for cyclists with a good mix of coastal, hilly, and mountainous sections over a compact distance.

- Seaside Route
- Local Route
- Optional Route
- Mountain Route

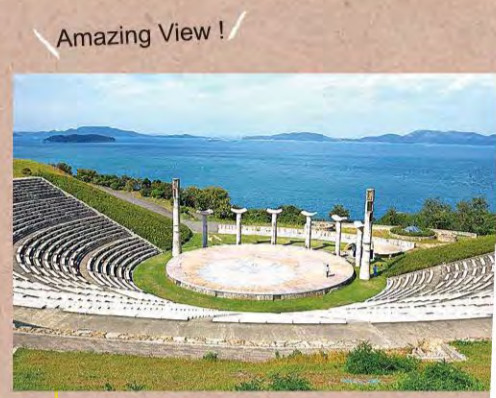
Use the offline map app Avenza Maps for a comfortable cycling trip!

You can download the "Cycling MAP Around Kagawa Prefecture" in the app for free!

How to download smartphone maps

- Download Avenza Maps
- Tap on Avenza Maps
- Tap on the in-app store
- Search for the "Cycling Map Around Kagawa Prefecture"

Stop your bike when you look at your smartphone!



The Kotoden Shido Line operates a cycling train only on Saturdays, Sundays, and National Holidays.



Shikoku Henro Pilgrimage Exchange Salon

MAP C-5

Complete the Shikoku Henro Pilgrimage on bicycle and receive a free Shikoku Henro Pilgrimage Ambassador Certificate here.

They'll be happy to teach you

Miroku (Café 369)

MAP D-4

☎ 3298-1 Tomidanaka Okawamachi, Sanuki
☎ 0879-43-0550
○ 9:00 am - 5:00 pm ☒ Wed



Museum of Astronomical Telescopes

MAP C-6

Okushi Nature Park MAP D-2

Japan Dolphin Center

Shirotori no Matsubara Pine Tree Park MAP G-4

Glove Outlet Shop MAP F-4

Shirotori Zoo

Ado-ike Reservoir, famous for its yellowtail fish farming

Ado-ike Reservoir MAP G-4

Sanshu Izutsu Residence

Beautiful pines

Higashikagawa City, a center for glove making. You can even get biking gloves here!

Pink and purple Chinese milkvetch flowers along the country lanes

Just a little further to the summit! Standing up for that last bit of energy!

An ideal riding style for going downhill

Have one serving of noodles on a break. Or two servings at the end of a long day!

A slow slip Stepping Back in Time in a nostalgic town



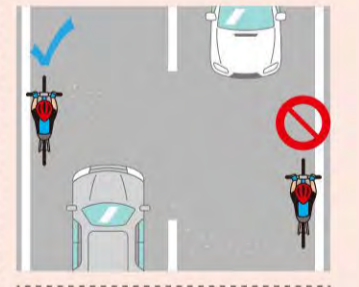
Japan's Rules of the Road

Everyone can make this "a safe place for cycling"

Kagawa Prefecture is promoting safe cycling through the establishment of rules for safe bicycle use. Let's share the roads with cars, pedestrians, and other bicycles with mutual respect and understanding.

- In principle, bicycles should ride on the roads, and on sidewalks only when necessary.
- Ride on the left side of the road.
- Yield to pedestrians on sidewalks, staying close to the road.
- Follow all safety rules.
 - No cycling under the influence of alcohol, cycling with extra passengers, or parallel riding.
 - Use your lights from 30 minutes before sunset.
 - Stop and follow signals at intersections.
 - Don't use your phone while riding.
- Helmet Use

Helmets can save your life. Fasten and tighten your chin strap so it's snug!



- Other prohibited behaviors
- Riding with open umbrella
 - Riding while using headphones

Just in case, please get bicycle insurance!

Organization / Contact
Kagawa Prefecture Tourism Association
4-1-10 Bancho, Takamatsu 760-8570
Tel: 087-832-3377 Fax: 087-861-4151

Unwind in the hot spring baths

Shirotori Hot Spring Resort

This hot spring is located at the foothills of the Sanuki mountain range beside a clear stream. It is near the Shikoku Pilgrimage route and also offers accommodation.

☎ 465 Nyunoyama, Higashikagawa
MAP E-5 ☎ 0879-27-2236
○ 10:00 am - 9:00 pm
(May be closed without notice)

Tsubasayama Hot Spring Resort

Take your time at this spacious and beautiful hot spring. There are a variety of baths for recuperation and refreshment, as well as accommodation.

☎ 991-16 Hiketa, Higashikagawa
MAP G-5 ☎ 0879-33-2532
○ 10:00 am - 10:00 pm ☒ 2nd Tues

Kasuga Hot Spring Resort

Located in a quiet mountain hamlet, enjoy the beauty of the changing seasons at the traditional Japanese garden on-site.

☎ 22 Kanzaki, Sangawa-machi, Sanuki
MAP D-3 ☎ 0879-43-6565
○ 10:00 am - 9:00 pm ☒ Tues

Camellia Hot Spring Resort

Enjoy the healing effects of radon in the health sauna and the mist sauna.

☎ 2988 Ishidahigashi-ko Sangawamachi, Sanuki
MAP D-4 ☎ 0879-43-2566
○ 10:00 am - 9:00 pm (Closes 10:00 pm Sat, Sun and Holidays) ☒ Thu

Vessel Ochi Hot Spring Resort

The hot spring is open to day visitors, but accommodation and a restaurant are on-site as well. The location offers beautiful views of the Seto Inland Sea.

☎ 1200 Umashino, Higashikagawa
MAP E-4 ☎ 0879-26-1126
○ 10:00 am - 10:00 pm (Last entry 9:00 pm)
☒ 2nd Wed

Recharge at a Roadside Station

Coffee Soft Serve and Chiffon Cake

☎ 103-3 Tsuda Tsudamachi, Sanuki
MAP E-3 ☎ 0879-42-5520
○ 9:00 am - 5:00 pm ☒ 1/1

Milk Soft Serve

Everyone loves the soft serve ice cream made with fresh milk from Oyama Dairy Farm in Sanuki City.

☎ 22 Kanzaki, Sangawa-machi, Sanuki
MAP D-3 ☎ 0879-43-6565
○ 10:00 am - 9:00 pm ☒ Tues

Ohagi (rice ball coated with sweet bean paste)

☎ 940-12 Maeyama, Sanuki
MAP C-5 ☎ 0879-52-1022
○ 8:00 am - 10:00 pm
☒ New Year Holidays

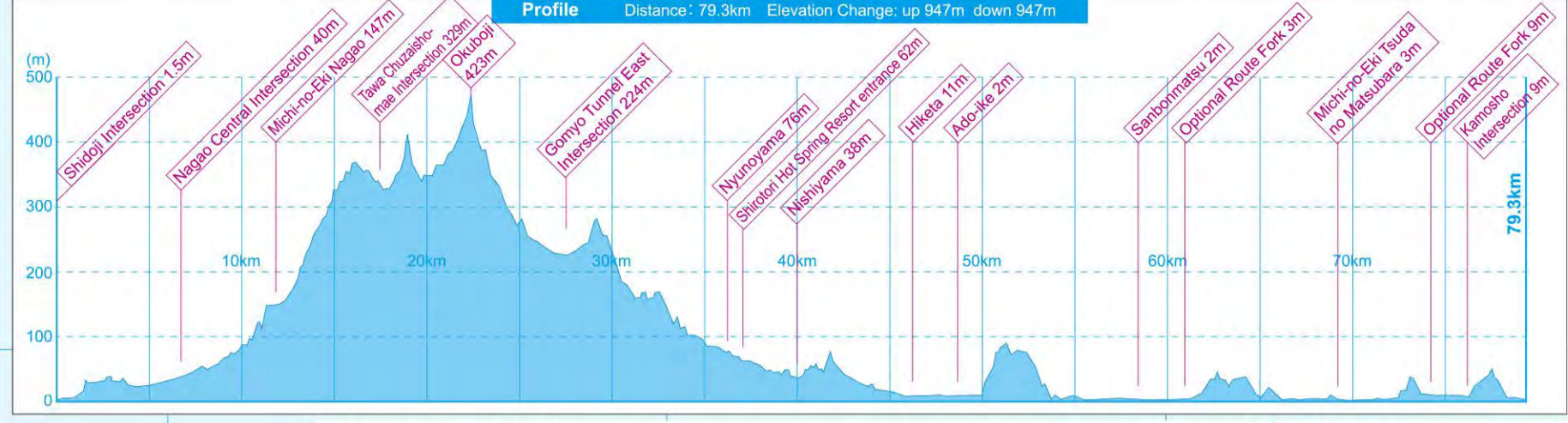
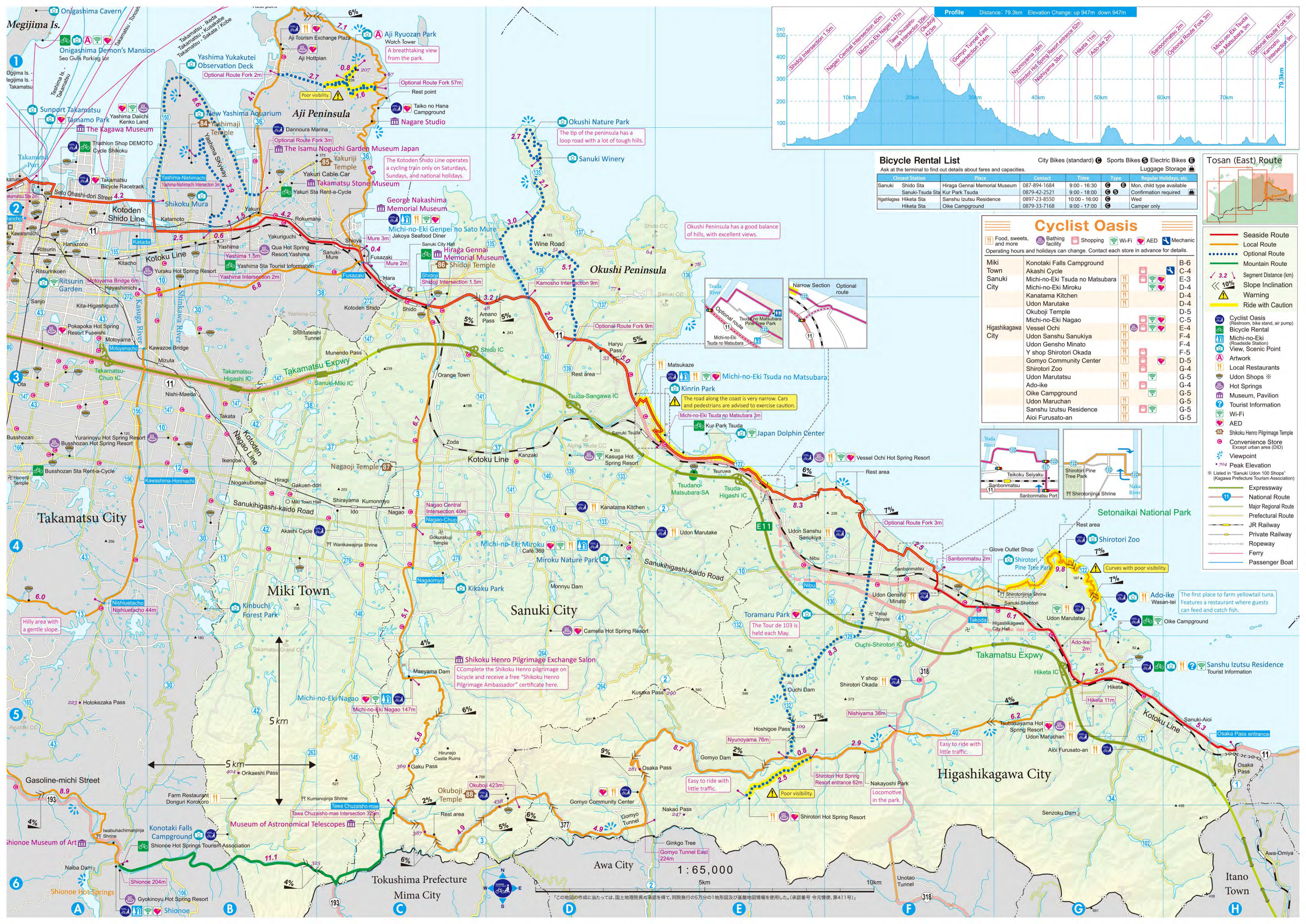
Toramaru Park (Tour de 103) MAP F-4

Tour de 103

Touring through Tosan

This touring event features Seto Inland Sea coastline, serene pastoral mountains, and many more beautiful scenes in the Tosan region. The event also offers a chance to enjoy local food and culture.





Bicycle Rental List

Ask at the terminal to find out details about fares and capacities.

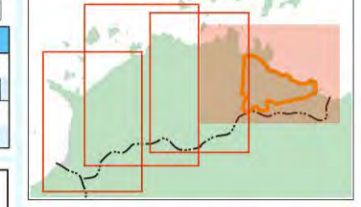
Closest Station	Place	Contact	Time	Type	Regular Holidays, etc.	Luggage Storage
Sanuki Shido Sta	Hiraga Gennai Memorial Museum	087-894-1684	9:00 - 16:30	City Bikes (standard)	Mon, child type available	
Sanuki-Tsuda Sta	Kur Park Tsuda	0879-42-2521	9:00 - 18:00	Sports Bikes	Confirmation required	
Higashikagawa Hiketa Sta	Sanshu Izutsu Residence	0897-23-8550	10:00 - 16:00	Electric Bikes	Wed	
Hiketa Sta	Oike Campground	0879-33-7168	9:00 - 17:00	Regular Holidays, etc.	Camper only	

Cyclist Oasis

Food, sweets, and more. Bathing facility. Shopping. Wi-Fi. AED. Mechanic. Operating hours and holidays can change. Contact each store in advance for details.

City	Location	Services	Category
Miki Town	Konotaki Falls Campground	Food, Wi-Fi, AED, Mechanic	B-6
Sanuki City	Akashi Cycle	Food, Wi-Fi, AED, Mechanic	C-4
Sanuki City	Michi-no-Eki Tsuda no Matsubara	Food, Wi-Fi, AED, Mechanic	E-3
Sanuki City	Michi-no-Eki Miroku	Food, Wi-Fi, AED, Mechanic	D-4
Sanuki City	Kanatama Kitchen	Food, Wi-Fi, AED, Mechanic	D-4
Sanuki City	Udon Marutake	Food, Wi-Fi, AED, Mechanic	D-4
Sanuki City	Okuboji Temple	Food, Wi-Fi, AED, Mechanic	D-5
Sanuki City	Michi-no-Eki Nagao	Food, Wi-Fi, AED, Mechanic	C-5
Higashikagawa City	Vessel Ochi	Food, Wi-Fi, AED, Mechanic	E-4
Higashikagawa City	Udon Sanshu Sanukiya	Food, Wi-Fi, AED, Mechanic	F-4
Higashikagawa City	Udon Gensho Minato	Food, Wi-Fi, AED, Mechanic	F-4
Higashikagawa City	Y shop Shirotori Okada	Food, Wi-Fi, AED, Mechanic	F-5
Higashikagawa City	Gomyo Community Center	Food, Wi-Fi, AED, Mechanic	D-5
Higashikagawa City	Shirotori Zoo	Food, Wi-Fi, AED, Mechanic	G-4
Higashikagawa City	Udon Marutatsu	Food, Wi-Fi, AED, Mechanic	G-5
Higashikagawa City	Ado-ike	Food, Wi-Fi, AED, Mechanic	G-4
Higashikagawa City	Oike Campground	Food, Wi-Fi, AED, Mechanic	G-5
Higashikagawa City	Udon Maruchan	Food, Wi-Fi, AED, Mechanic	G-5
Higashikagawa City	Sanshu Izutsu Residence	Food, Wi-Fi, AED, Mechanic	G-5
Higashikagawa City	Aioi Furusato-an	Food, Wi-Fi, AED, Mechanic	G-5

Tosan (East) Route



- Seaside Route
 - Local Route
 - Optional Route
 - Mountain Route
 - 3.2 Segment Distance (km)
 - 10% Slope Inclination
 - Warning
 - Ride with Caution
 - Cyclist Oasis (Restroom, bike stand, air pump)
 - Bicycle Rental
 - Michi-no-Eki (Roadside Station)
 - View, Scenic Point
 - Local Restaurants
 - Udon Shops
 - Hot Springs
 - Museum, Pavilion
 - Tourist Information
 - Wi-Fi
 - AED
 - Shikoku Henro Pilgrimage Temple
 - Convenience Store (Except urban area (DID))
 - Viewpoint
 - Peak Elevation
- * Listed in "Sanuki Udon 100 Shops" (Kagawa Prefecture Tourism Association)
- Expressway
 - National Route
 - Major Regional Route
 - Prefectural Route
 - JR Railway
 - Private Railway
 - Ropeway
 - Ferry
 - Passenger Boat

Okushi Peninsula has a good balance of hills, with excellent views.

The road along the coast is very narrow. Cars and pedestrians are advised to exercise caution.

Michi-no-Eki Tsuda no Matsubara 3m

The Tour de 103 is held each May.

Easy to ride with little traffic.

Poor visibility.

Easy to ride with little traffic.

Curves with poor visibility.

The first place to farm yellowtail tuna. Features a restaurant where guests can feed and catch fish.

Osaka Pass entrance

1:65,000

5km

10km

この地図の作成に当たっては、国土地理院長の承認を得て、同院発行の5万分の1地形図及び基礎地図情報を使用した。(承認番号 令元情使、第411号)